



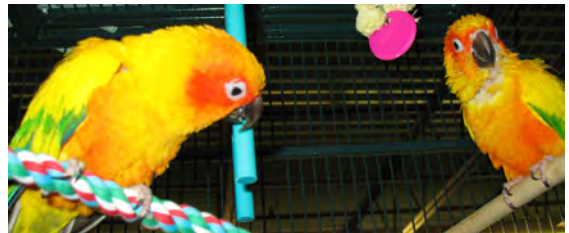
My name is SANDY and I'm a beautiful double yellow headed Amazon. Like many of my fellow Amazons, I can be a "perch potato." So my wish list includes things that will help me exercise, like a large boing and a swing, and a nice bucket for my used toy parts. My favorite foods are sweet potatoes and pineapple. Bath time is my favorite part of the days here, and I'd love to have a mister (you can get them at the local hardware store) so these nice volunteers can give me regular showers.

I'm a cockatiel and my name is RAINDROP. I am surrounded by these bigger birds so I would love to have some oversized and soft hanging toys to hide behind. I really, really like the Napoleon's seed mix (from totallyorganics.com) they have been giving me! Can you send me some more please?



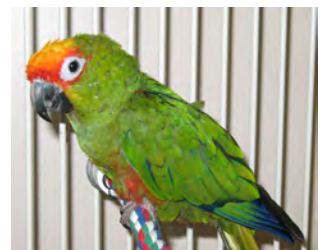
They call me CHATTER (do I talk too much?). I was so happy when the Phoenix Landing volunteers showed me a bowl of Nutriberries. YUM!! I'm a nanday conure and we LOVE Nutriberries. And then came the carrots and mangos. My wish is for all the fruits and veggies I can eat. Bet those volunteers could use some grocery store gift cards to stock up for my friends and me (Harris Teeter or Lowes Foods). Oh, some shreddable toys would be nice too – when I'm not eating I like to tear stuff up!

Hi! We are FELIPE and FAYE and we are gorgeous Sun Conures. The best part of our new digs is the pumpkin bread we get every morning. If you could keep that coming, we'd be happy, happy, happy (ingredients are canned pumpkin, organic applesauce, eggs, dried unsulfured fruit and flour from Bob's Red Mill). It's so good and full of essential vitamin A and protein. Ask these nice Phoenix Landing folks for the recipe for your birds!



My name is QUINN, and I'm a blue & gold macaw. As you can see, I don't have many feathers right now but am really enjoying plenty of walnuts. My wish list is a big, BIG box of walnuts so I can get the benefit of all those wonderful essential fatty acids. Would it be too much to ask for some of those foraging toys too (plastic, stainless steel or wood)? They tell me I was the most traumatized bird Phoenix Landing has ever seen. My wings were bruised and bleeding because I was flapping around the cage all the time, trying to get the heck out of that place. I was also pretty sad as my cage mate recently died. The Phoenix Landing volunteers put my travel carrier in the cage so I would have a place to hide and feel safe. The first time I peeked out and saw a human, I said "Uh Oh!" and dashed back inside, so my first name was "Uh-Oh Fred". Now I'm brave enough to sit on my perch and eat my yummy walnuts and they have given me the very dignified name of Quinn. Think I'll keep it!

Hi – I'm CHARLOTTE, a gold capped conure. These Phoenix Landing people have me working hard! I have to go to many different bowls to search for my pellets and fresh food. I was thinking some of those Expandable Habitats skewers would be great. They can put some leafy greens and big chunks of apple and carrots on them for me. What fun! Of course, when everyone sees me hanging upside down to get a bite of that apple, they'll want one too!

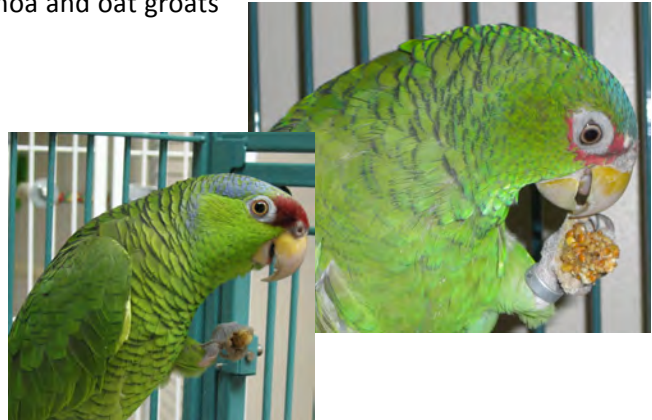


Hi – our names are DREAMER & KEEPER and we’re Blue & Gold Macaws. We enjoy each other’s company and would like to stay together. At some point we’re going to need a super duper sized cage. For now, we would love some super sized toys – like big wooden blocks and things to destroy. And since we are so smart, we need to be mentally challenged so we would really appreciate some toys that make us work for our treats. Those puzzle toys sound fun too, especially the hard ones.....we like challenges!



Hi! Our names are MADELYN and MACKAY and we are umbrella cockatoos. Since we really want to stay together, because you never know what may happen in our long lives, we are looking for a 64” x 32” cage. This will give us both lots more room, and we can even divide it if we feel like we need some privacy. Being mechanically minded cockatoos, we also love toys that require brainpower—you know, some of those challenging puzzle and foraging toys. Just make sure they are the non-destructible ones, since our beaks are strong! And one more thing...like our wild counterparts, we love grains, soaked or sprouted. So brown rice, quinoa and oat groats would be heartily welcomed.

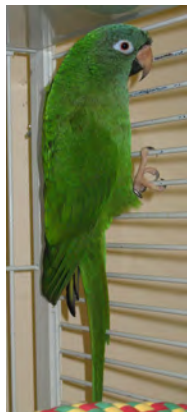
Hi – I’m WINNE the white fronted Amazon and my pal is EYORE the lilac crowned Amazon. We are having such a good time. Laura Ford made us a ton of new toys of all shapes, sizes and textures. We’d like a shelf to hang out on, a couple of rope perches and one or two of those foraging toys that everyone is talking about.



Meet Bourkes LOUISE, HUEY and DEWIE. Have you



ever seen a more adorable set of parakeets? We can be a tad messy however, so our caretakers have made a special request for a large bottle of Oxyfresh for cleaning our cages, and the cages of our rowdy roommates too. We also REALLY enjoy sprouts or soaked grains, so our wish list includes a sprouter and grains for soaking (oat groats, buckwheat, barley, etc).



Diamond Doves EMMY and STAR wonder how they ended up here with all these parrots, but folks are trying hard to get it right! We are enjoying the greens and veggies along with everyone else, but we sure would appreciate some millet just for us.



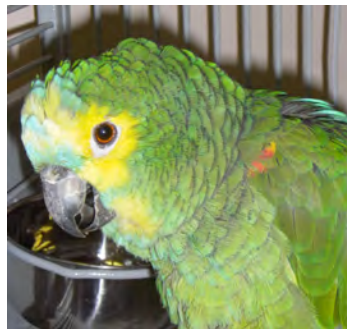
I’m BAKER, a blue crowned conure. Sorry to still be a bit sad, but I also lost my mate during this transition. The stress of it all just put her over the top. So I would like some HAPPY things please, like lots of bells and small bright colored toys, and a great big sprayer to take baths with because it’s been years since I had a good soaking!



We are Amazons LINDSEY (blue front) and ARTURO (yellow crowned). They tell us here that exercise should be part of the new regimen, but that we would get a treat for our efforts. We would like a whole bunch of those crocks that can be put throughout our cage. They promised to put something interesting in each one if we would move around and search in each. The other birds here say that sounds fun, and they'd like to play too! Lots of Lixit crocks please. We would also appreciate some milk thistle seed to support our livers, since the

food in the last place was really, really bad.....

I'm DARLENE a lilac crowned Amazon, and my big buddy KITTREDGE is a blue front Amazon. We are lovin' life these days, since we have not had to worry about what's for breakfast and dinner. However, we would truly enjoy one of those stainless steel buckets filled with some fun things to play with, and please keep those carrots, leafy greens and cucumbers coming (may we politely suggest a grocery store gift card?).



My name is SELINA, and I'm a blue fronted Amazon. My friends Eeyore and Winnie have shared some of those toys that Laura made, but my wonderful caretakers (Teri and Lannie) tell me that I should be eating lots of pumpkin and flax seeds because they have lots of essential fatty acids in them. Walnuts do too, but I can't eat many of them because they're high in fat, and we Amazons can put on the pudge pretty fast ☺ I would also love a

new cage like my other Amazon friends (24x36 or larger), they didn't have an extra one for me.

We are Pionus parrots GROVER and WYNONNA. Speaking for ourselves, as well as the others, we haven't seen sunlight for years. Since it's hard to get outside in this cold, we would supremely appreciate a full spectrum light. Our favorite choice would be an OTT light which are often on sale at craft stores. Judging by the feathers of some of my other parrot friends here, they could really use some light too. Even with all the good food we now look forward to, it's pretty hard to grow our feathers and absorb our calcium without enough D3 from full spectrum light.



**The most important priorities on our wish lists:**

- Ott lamps/lights
- Big chunky wood toys, just untreated wood pieces with holes is good!
- Grocery store gift cards
- Boings
- Foraging toys
- Shelves

SPECIAL NOTE: A huge thanks to the incredible volunteers Luke Burrell, Lannie Ellison, Peggy Jeffries, Mary Ault and Justin Ettestad, all working in concert with our western North Carolina Adoption Coordinator, Teri Rand. What an amazing team! We're also very grateful for the van and trailer, donated long ago, but making our job to help parrots immensely easier almost every day!



Huge thanks also to Judith Archer and friends for the substantial donation of Harrison's pellets. The birds are relishing each and every bite!